

Dear Students and Colleagues,

Welcome to ADVENTURES IN MEDICINE, the first in what I hope will be one of several courses helping people to specialise in various aspects of healthcare. You may feel that taking this step to specialise in a particular group of people, in this case infants and children, goes against the ethos of homeopathy i.e. treating the whole person, seeing the bigger picture, treating the individual etc. but in fact as practitioners we end up trying to become experts in every field of medicine and of course this is rarely truly possible.

Every disease or human state I have come across in the 22 years I have been practicing I have investigated in whatever way I can - books, the internet, asking colleagues etc. - in order to accumulate as much understanding and knowledge about that particular disease/problem as possible so that I can fully understand my patients.

We can all understand the principles of homeopathy and how brilliant it is for helping people in all ways, any disease, any mental or emotional state, any physical accident or trauma, but how much better to look at one's own strengths and interests and take that further by learning as much as possible about one or more specialist subjects.

One of the problems with the homeopathic world as we know it is that there is nowhere people can go to get more detailed information about practitioners available in their area.

In particular parents would prefer to know that the practitioner they take their children to firstly has completed their basic homeopathic training, secondly that they have a thorough understanding of anatomy, pathology and medical procedures and finally that they have an interest in healing children.

This then enables *parents* to feel confident, the *practitioner* to feel confident and more equipped to deal professionally with other people's children, and finally that parents will be able to see by the letters DHP (Diploma in Homeopathic Pediatrics) that the practitioner they choose does have that specialist knowledge.

When I first thought of creating this course it was in fact for myself. I am so aware of all the things I don't know; all the gaps in my own knowledge and understanding even on simple things. I have based this course around that. What does one need to know in order to successfully treat infants and children?

Perhaps ask yourself that question as you embark upon the first steps of this course and I very much look forward to meeting and working with you and our other teachers, to produce a whole new era of specialist homeopaths.

Warm regards,

Christina J Head MCH RSHom

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Introduction

There is a large gap in the training of homeopaths when it comes to treating children. Most homeopaths have to struggle for years to gain the knowledge and experience required to create a successful practice in paediatrics.

This course is designed to bridge that gap by providing training in paediatric care by experienced teachers who are experts in their field.

It is also designed to empower and support students to enable them to practice with knowledge and confidence in what is often a very little understood area of homeopathy.

It is extremely rewarding treating children. A healthy child gives the potential to have a healthy adult. How we start out in life gives us the building blocks for the future and it's a short time in a life, approximately 14 years in a possible 80 plus.

As homeopaths we have the opportunity to deal with inherited and acquired problems before they become part of the individual's constitution, after puberty this early opportunity is over.

This is creative medicine, creating health as well as curing disease. It is hard work but also a lot of fun and gives a great sense of satisfaction.

The Course

The course has been created by Christina Head MCH RSHom, author of the well-known book "An Educated Decision". Christina has been treating children in her busy homeopathic practice for many years, and has extensive experience in this area.

There will be a strong practical emphasis on case-taking, and students will learn how to safely examine children in practice. The course also focuses strongly on sound constitutional and miasmatic treatment, child development and psychology, and the pathology of childhood diseases. To see a short resume for each lecturer please look at the web site www.aventuresinmedicine.org.uk/lecturers.htm

The course will run for nine months from October to June. Each month has a theme focusing on different aspects of paediatrics from conception to puberty.

Students can also come just for the day or a weekend to learn more about a particular subject.

Entry requirements

Applicants must be licensed homeopaths. Third or final year students can apply and may be accepted on special merits to be assessed individually. Interested student applicants should send an introductory letter with their application form stating why they wish to do the course.

The Diploma

Successful candidates will receive a Diploma in Homeopathic Paediatrics and be able to use the letters DHP after their name. This will indicate to parents that they have specialist training and knowledge of treating children.

The course will run on a self-assessment basis. Each student will be expected to write a reflective statement about each lecture every month, and some set homework (including three paper cases) will also be given. The reflective statements will enable the student to gauge their progress, and the teaching staff to assess where individual students may need help. Reflective statements and any assignments should be handed in the following month.

The student will also be asked to complete two case studies relating to two different age groups covered in the course, with at least two follow-ups. The diploma will be issued only when all the self-assessment criteria have been successfully completed.

The course also offers tutorial sessions which will provide an opportunity for the student to talk through any aspects of the course that they may not feel comfortable with. Tutorials with Christina Head will be at a time and place convenient to both parties and provision is also made for this at the end of each teaching day. Tutorials are included in the cost of the course. Any students requiring additional supervision for their own cases will be charged at £25 per half hour, times to be arranged with relevant teachers.

The Venue

The course will be held at the Academy Conference Centre, Holiday Inn Hotel at Povey Cross, which is 10 minutes from Gatwick Airport. This is a new facility, very well designed, warm and comfortable with a bar providing light snacks, and a licensed restaurant, or candidates may prefer to bring their own lunch. Tea and coffee during the formal breaks are provided by AIM.

There is a courtesy coach from Gatwick Airport to the hotel at a cost of £2.50 each way but as this goes to several hotels it can take up to 20 minutes to arrive. Taxis are abundant from the airport and there is also excellent rail, air and road access. Parking in the hotel costs £5.00 for the day but there is free parking in surrounding streets.

Costs and Registration

Fees for this course are £1,895 for the year, payable in advance. To secure your place, please fill out an application form, enclosing a deposit of £150 which is non-refundable. The remaining balance is payable by the first session in October and there is an early bird discount of 5% of the total cost of the course if the full amount is paid by the end of July. Alternatively the course may be paid for monthly, either 9 instalments of £216 or 12 instalments of £163. Instalments should be paid by standing order starting the 1st October 2006.

Application forms may be downloaded from the website, or a hard copy can be sent to you on request. Both forms and deposit should be sent to:

Adventures in Medicine, PO Box 141, Reigate, Surrey, RH2 9YT

Cheques should be made payable to Adventures in Medicine. If you have difficulties with the fees or if you prefer to pay by instalment, credit or debit card, please call Christina Head on 01737 762497 for further information or e-mail her at thead@lavenderpublishing.fsnet.co.uk

Students wishing to re-do any day the following year in order to complete the course will be charged £50 for the day. Anyone wishing to come purely for one session to learn more about a particular subject will be able to attend at a cost of £60-70 per day depending on the day (see website for more details).

Course Schedule (This can vary slightly from month to month)

Each session will be scheduled as follows:

10.00-11.00am: Pathology and allopathic treatment

11.00-11.30am: Coffee break

11.30-1.00pm: The homeopathic approach with remedies and cases

1.00-2.00pm: Lunch break

2.00-3.30pm: The homeopathic approach (cont'd.)

3.30-4.00pm: Tea break

4.00-5.00pm:

— Saturdays: The homeopathic approach (cont'd.)

— Sundays: General discussion and assignments

5.00-6.00pm: Tutorials

Syllabus

For course dates please see website. The nine weekends will run as follows:

Month 1 (Saturday and Sunday)

- Introduction to the course and self assessment criteria
- Conception, genetics & miasms
- Case taking, analysis and strategy
- General discussion
- First paper case

Month 2 (Saturday and Sunday)

- Pregnancy:
 - Pathology and allopathic approach
 - Homeopathy in Pregnancy
 - Diet in pregnancy

Month 3 (Saturday and Sunday)

- Birth:
 - Anatomy & physiology of a healthy birth
 - Pathology & allopathic treatment
 - The Homeopathic approach
 - Breast feeding, weaning and diet
 - Birth Trauma
- Cranial Osteopathy
- The natural development of babies 0 - 2yrs old

Month 4 (Saturday and Sunday)

- Vaccinations - the homeopathic approach
- Concept shifting
- Infectious diseases - signs and symptoms
- The immune system - an overview
- Vaccination issues in practice

Month 5 (Saturday and Sunday)

- The nervous system:
 - Pathology and allopathic treatment
 - Homeopathy - remedies and cases
- The normal development of babies 2-7yrs old

- The Digestive System
- Pathology & allopathic treatment
- Homeopathy remedies and cases
- 2nd paper case

Month 6 (Saturday and Sunday)

- Skin diseases:
 - Pathology and allopathic treatment
 - Homeopathy - remedies and cases
 - Examination techniques
- The Respiratory system:
 - Pathology and allopathic treatment
 - Homeopathy - remedies and cases
 - General discussion

Month 7 (Saturday and Sunday)

- The Urinary system:
 - Pathology and allopathic treatment
 - Homeopathy - remedies and cases
- ENT:
 - Pathology and allopathic treatment
 - Homeopathy - remedies and cases
 - General discussion

Month 8 (Saturday and Sunday)

- Emotional/psychological problems:
 - Allopathic approach
 - Child psychology
 - Autism - ADD and related disorders
 - Homeopathy - remedies and cases
 - How to recognise and deal with childhood abuse
 - 3rd paper case

Month 9 (Saturday and Sunday)

- The Endocrine system:
 - Pathology and allopathic treatment
 - Homeopathy - remedies and cases
- Sleep disorders
- The normal development of children from 7yrs to puberty

- Space for student preference
- Homeopathy and treating 7 yrs to puberty
- Overview & conclusions, end of year celebration

Course Content

Month 1: Genetics & Miasms

9:30-9:55	Registration
10:00-11:00	Introduction to course, aims and objectives – Christina Head
11:00-11:30	Coffee
11:30-13:00	Conception, genetics and miasms – Christina Head
13:00-14:00	Lunch
14:00-15:30	Miasms continued – Hilery Dorian
15:30-16:00	Tea
16:00-17:00	Miasms continued – Hilery Dorian

Sunday

10:00-11:00	Case taking, analysis and strategy - Christina Head
11:00-11:30	Coffee
11:30-13:00	Case taking, analysis and strategy continued - Christina Head
13:00-14:00	Lunch
14:00-15:30	Case taking, analysis and strategy continued - Christina Head
15:30-16:00	Tea
16:00-17:00	General discussion, student cases, self assessment homework – 1 st paper case - Christina Head
17:00-18:00	Tutorials

Course Content (cont'd.)

Month 2: Pregnancy

Saturday

10:00-11:00	The physiology and natural development of the foetus, routine tests – Diana Tibble
11:00-11:30	Coffee
11:30-13:00	Case taking in pregnancy – Dianna Tibble
13:00-14:00	Lunch
14:00-15:30	Diet in pregnancy – Sally Childs
15:30-16:00	Tea
16:00-17:00	Diet in pregnancy cont'd. – Sally Childs
17:00-18:00	Tutorials

Sunday

10:00-11:00	Common problems in pregnancy, pathology and allopathic treatment –Dianna Tibble
11:00-11:30	Coffee
11:30-13:00	Remedies and cases during pregnancy - Dianna Tibble
13:00-14:00	Lunch
14:00-15:30	Remedies and cases during pregnancy – Dianna Tibble
15:30-16:00	Tea
16:00-17:00	General discussion, student cases, self assessment homework – Christina Head
17:00-18:00	Tutorials

Course Content (cont'd.)

Month 3: Birth & Cranial Osteopathy

Saturday

10:00-11:00	Anatomy & physiology of a healthy birth - Dianna Tibble
11:00-11:30	Coffee
11:30-13:00	Common problems , pathology, allopathic treatment and homeopathic alternatives – Dianna Tibble
13:00-14:00	Lunch
14:00-15:30	Homeopathy during the birth - Dianna Tibble
15:30-16:00	Tea
16:00-17:00	Breast feeding weaning and diet - Dianna Tibble
17:00-18:00	Tutorials

Sunday

10:00-11:00	The natural development of babies 0 - 2yrs old - Mark Pirano
11:00-11:30	Coffee
11:30-13:00	Birth trauma - Christina Head
13:00-14:00	Lunch
14:00-15:30	Cranial osteopathy – Nina Constandinou
15:30-16:00	Tea
16:00-17:00	General discussion, student cases, self assessment homework – Christina Head
17:00-18:00	Tutorials

Course Content (cont'd.)

Month 4: Vaccinations & Infectious Diseases

Saturday

10:00-11:00	Overview of the immune system - Trevor Gunn
11:00-11:30	Coffee
11:30-13:00	"Concept Shifting" – Dr Patrick Quanten
13:00-14:00	Lunch
14:00-15:30	Vaccinations, homeopathic remedies and cases – Trevor Gunn
15:30-16:00	Tea
16:00-17:00	Vaccination and homeopathy cont'd. – Trevor Gunn
17:00-18:00	Tutorials

Sunday

10:00-11:00	Childhood infectious diseases, signs and symptoms – Christina Head
11:00-11:30	Coffee
11:30-13:00	Vaccination issues in practice – Christina Head
13:00-14:00	Lunch
14:00-15:30	Vaccination issues in practice cont'd. – Christina Head
15:30-16:00	Tea
16:00-17:00	General discussion, student cases, self assessment homework – Christina Head
17:00-18:00	Tutorials

Course Content (cont'd.)

Month 5: Natural Development 2-7yrs, the Nervous System & Digestive Disorders

Saturday

10:00-11:00	Pathology and allopathic treatment of diseases of the nervous system Dr. Craig Wright
11:00-11:30	Coffee
11:30-13:00	The Homeopathic treatment of diseases of the nervous system - Dr. Craig Wright
13:00-14:00	Lunch
14:00-15:30	The nervous system continued - Dr. Craig Wright
15:30-16:00	Tea
16:00-17:00	The natural development of babies 2 - 7yrs – Mark Pirano
17:00-18:00	Tutorials

Sunday

10:00-11:00	Pathology and allopathic treatment of diseases of the digestive system - Linda Cooke
11:00-11:30	Coffee
11:30-13:00	The Homeopathic treatment of diseases of the digestive system – Lorraine Grayston
13:00-14:00	Lunch
14:00-15:30	The digestive system cont'd. – Lorraine Grayston
15:30-16:00	Tea
16:00-17:00	General discussion, student cases, self assessment homework – Christina Head - 2 nd paper case
17:00-18:00	Tutorials

Course Content (cont'd.)

Month 6: Skin Disorders & Diseases of the Respiratory System

Saturday

10:00-11:00	Pathology and allopathic treatment of skin disorders - Linda Cooke
11:00-11:30	Coffee
11:30-13:00	The homeopathic treatment of skin disorders – Stella Berg
13:00-14:00	Lunch
14:00-15:30	Homeopathy and skin disorders cont'd. – Stella Berg
15:30-16:00	Tea
16:00-17:00	Examination techniques – Dr. Carolyn Frost
17:00-18:00	Tutorials

Sunday

10:00-11:00	Pathology and allopathic treatment of diseases of the respiratory system - Linda Cooke
11:00-11:30	Coffee
11:30-13:00	The homeopathic treatment of respiratory disorders, remedies and cases – Stella Berg
13:00-14:00	Lunch
14:00-15:30	Respiratory disorders and homeopathy cont'd. – Stella Berg
15:30-16:00	Tea
16:00-17:00	General discussion, student cases, self assessment homework – Christina Head
17:00-18:00	Tutorials

Course Content (cont'd.)

Month 7: The Urinary System & ENT Disorders

Saturday

10:00-11:00	Pathology and allopathic treatment of diseases of the urinary system - Dr. Craig Wright
11:00-11:30	Coffee
11:30-13:00	The homeopathic treatment of urinary disorders, remedies and cases – Dr. Craig Wright
13:00-14:00	Lunch
14:00-15:30	Homeopathy and urinary disorders cont'd. – Dr. Craig Wright
15:30-16:00	Tea
16:00-17:00	Homeopathy and the Urinary system cont` d.
17:00-18:00	Tutorials

Sunday

10:00-11:00	Pathology and allopathic treatment of ENT disorders - Linda Cooke
11:00-11:30	Coffee
11:30-13:00	The homeopathic treatment of ENT disorders, remedies and cases – Christina Head
13:00-14:00	Lunch
14:00-15:30	Homeopathy and ENT disorders cont'd. – Christina Head
15:30-16:00	Tea
16:00-17:00	General discussion, student cases, self assessment homework – Christina Head
17:00-18:00	Tutorials

Course Content (cont'd.)

Month 8: Emotional & Psychological Problems

Saturday

10:00-11:00	Orthodox treatment of mental and emotional diseases – Marian Camilleri
11:00-11:30	Coffee
11:30-13:00	Child psychology – Marian Camilleri
13:00-14:00	Lunch
14:00-15:30	Autism and related disorders – Hilery Dorrian
15:30-16:00	Tea
16:00-17:00	Autism and related disorders cont'd. – Hilery Dorrian
17:00-18:00	Tutorials

Sunday

10:00-11:00	The homeopathic treatment of mental and emotional problems – Christina Head
11:00-11:30	Coffee
11:30-13:00	Homeopathy and mental and emotional problems cont'd. – Christina Head
13:00-14:00	Lunch
14:00-16:00	How to recognise and deal with child abuse – Daphne McKenna
16:00-16:30	Tea
16:30-17:00	General discussion, student cases and self assessment homework, 3 rd paper case – Christina Head
17:00-18:00	Tutorials

Course Content (cont'd.)

Month 9: Natural Development 7yrs-Puberty, Urinary & Sleep Disorders

Saturday

10:00-11:00	Pathology and allopathic treatment of diseases of the endocrine system - Dr. Craig Wright
11:00-11:30	Coffee
11:30-13:00	The homeopathic treatment of endocrine disorders, remedies and cases – Dr. Craig Wright
13:00-14:00	Lunch
14:00-15:30	Homeopathy and endocrine disorders cont'd. – Dr. Craig Wright
15:30-16:00	Tea
16:00-17:00	The natural development of children 7yrs to puberty - Mark Pirano

Sunday

10:00-11:00	The homeopathic treatment of sleep disorders – Christina Head
11:00-11:30	Coffee
11:30-13:00	Treating children 7yrs to puberty, homeopathy, remedies and cases – Christina Head
13:00-14:00	Lunch
14:00-15:30	To be decided by the students
15:30-16:00	Overview and conclusions
16:00 - 18:00	Celebration – all invited